

Your Neighborhood

Location of Vendors, Stores and Services

Grocery Store:

Place of Worship:

Post Office:

Social Activities:

Bank:

Disability Services/Centers:

Pharmacy:

Transportation:



List of Local Emergency Numbers

Police:

Friends/Family:

Fire Company:

Other:

Doctor:

Caseworker:

Utilities:

Your Money

What Are Your Sources of Funding?

Have You Planned a Budget?

- Yes No

Do You Need Skills Training in Money Management?

- Yes No

Do You Have a Caseworker or Someone Who Can Help You Answer Your Questions About Government Benefits?

- Yes No

Name: _____

Name: _____

Number: _____

Number: _____

What Questions Do You Have?



Utilities

Before you can move into your new place, you may need to set up your utilities. Using this list as a guideline, find out who the local utility companies are, and be sure to contact them at least two weeks before your move-in date.

Electricity

Company: _____

Number: _____

Water/Sewer

Company: _____

Number: _____

Gas/Oil

Company: _____

Number: _____

Phone

Company: _____

Number: _____

Cable

Company: _____

Number: _____

Internet

Company: _____

Number: _____

Trash Removal

Company: _____

Number: _____

Lawn Service/Snow Removal

Company: _____

Number: _____

Personal Care and Assistant Services

Do You Need a Personal Care Assistant (PCA)?

Yes

No

Can an Agency in Your Area Match You Up With a PCA?

If There is No Such Service in Your Area, Who Can You Ask for Help?

Do You Need Personal Care Skills Training?

Who Can You Contact to Get This Training?



Furniture

Do You Need to Furnish Your New Home?

Yes

No

Have You Included Money for Furniture in Your Budget?

Is There Anyone Who Can Help You Look for Furniture?

Have You Made Plans for Buying Any Needed Furniture?

Do You Need Help Moving Into Your New Home?

Who Can You Contact for Assistance?

Transportation

What Kind(s) of Transportation Are You Able to Use?

What Kind(s) of Transportation Are Available to You?

Have You Arranged to Use the Available Transportation?

Do You Need Travel Training?

- Yes No

Have You Contacted Your Local CIL to Provide You With Travel Training? (See page 34-35 for a full list of CILs)

- Yes No



