

# Round Table Process

## Purpose

- To provide the consumer with an ongoing opportunity to meet with the individuals assisting in the transition.
- To empower the consumer as Round Table Leader to “take charge” of the transition process.
- To ensure that the consumer makes a safe transition that has the opportunity to be long-standing.

## Participants

Initially: Consumer, Nursing Facility Social Worker, Community Choice staff person, and a representative from the CIL where the Nursing Facility is located.

At subsequent Round Tables: Individuals who are assisting the consumer to make a safe transition. This can include: Nursing Facility Occupational Therapist, Physical Therapist, Nutritionist, other disciplines that relate to the consumer’s disability, Vocational Rehab, family or interested friends, and a mentor.

Attendance at a Round Table should depend on the consumer’s status regarding a particular issue.

The Round Table is focused around the question “What life do you want in the community?” This helps the consumer define his/her expectations and bring a realistic step-by-step approach to the goal articulated.

This broad question is the basis for increasing specifics about the ultimate goal of the consumer, until it is clear how the consumer sees him/herself living in the community. It includes possibilities of education, employment, community involvement, advocacy, socialization and increased independence.



## The First Round Table Meeting

The consumer is encouraged to articulate the goal(s) and to see what strategies it will take to achieve the goal(s). The consumer must agree to the steps necessary to achieve the goal(s).

Write down information on who is responsible for various phone calls for applications, who will follow up and when on the Independent Living Plan (ILP) document. Timeframes must be stated and a follow up meeting date set, if possible. This will be given to the consumer at the conclusion of the meeting.

The discussion around the table is to assure that all possible issues are raised, discussed and a reasonable resolution is determined.



# Guardianship and Legal Issues

If you need legal guidance now, or may become unable to make your own decisions in the future, it is vital that you take the appropriate steps to ensure your rights are protected. When choosing an attorney ask a lot of questions and be sure he or she is familiar with your areas of concern. Remember, it is your right to be picky about who you hire to do this important job. You should feel comfortable with your attorney, and confident in their abilities.

Your attorney can help you with things like setting up your Durable Power of Attorney, which documents in writing your appointment of another individual to act on your behalf. There are several kinds of Durable Power of Attorney, including Durable Power of Attorney for Health Care, which means that the person you appoint will make health care decisions for you if you become incapacitated. Another type is Durable General Power of Attorney, meaning the appointee will have the authority to speak on your behalf in matters other than your health care, in the event you are unable to make those decisions for yourself. This person will be able to sign your name on your behalf and manage your finances and other assets.

A lawyer referral service, run by the state bar association, can help you find an attorney in your area. If you are unable to afford an attorney, a great resource is the Community Health Law Project. This organization provides legal aid to low income individuals with disabilities. Talk to your local CIL for more information about what kind of legal services are available in your county.

If you do not have any family or friends who are willing to serve as your guardian, the Office of the Public Guardian (609-943-3519) can help. This office serves people over the age of fifty-nine who have been determined by a Superior Court judge to be unable to make his or her own decisions.

**Remember: it is your RIGHT to live without abuse, neglect and exploitation.**

If you feel that your rights are being violated there is help for you. Speak up and let someone know what is happening. Ask your local CIL representative or someone else you trust for information on services in your area. Try Adult Protective Service in your county, New Jersey Protection and Advocacy (1-800-922-7233), or the New Jersey Ombudsman (1-877-582-6995).



# List of Independent Living Centers

## **Total Living Center, Inc. (TLC)**

Atlantic County

707 White Horse Pike, Suite B-8  
Egg Harbor City, NJ 08215

Phone: (609) 345-6700

Fax: (609) 813-2318

TTY: (609) 645-9593

## **Resources for Independent Living, Inc. (RIL)**

Burlington County

351 High Street, Suite 103  
Burlington, NJ 08016

Phone: (609) 747-7745

Fax: (609) 747-1870

TTY: (609) 747-1875

[www.rilnj.org](http://www.rilnj.org)

## **Heightened Independence and Progress (HIP)**

Bergen County

131 Main Street, Suite 120  
Hackensack, NJ 07601

Phone: (201) 996-9100

Fax: (201) 996-9422

TTY: (201) 996-9424

[www.hipcil.org](http://www.hipcil.org)

## **MOCEANS Center for Independent Living, Inc.**

Monmouth and Ocean Counties

279 Broadway, 2nd Floor  
Long Branch, NJ 07740

Phone: (732) 571-4884

Fax: (732) 571-4003

TTY: (732) 571-4878

## **Camden City Independent Living Center**

City of Camden

2600 Mount Ephraim Ave, Suite 413  
Camden, NJ 08104

Phone: (856) 966-0800

Toll Free: (866) 374-7221

Fax: (856) 966-0832

TTY: (856) 966-0830

## **Center for Independent Living for South Jersey, Inc. (CILSJ)**

Gloucester and Camden Counties

1200 Delsea Drive, Plaza 47, Suite 6  
Westville, NJ 08093

Phone: (856) 853-6490

Toll Free: (800) 413-3791

Fax: (856) 853-1466

TTY: (856) 853-7602

**Heightened Independence and Progress, Inc. (HIP)**

Hudson County

26 Journal Square, Suite 602  
Jersey City, NJ 07306

Phone: (201) 533-4407

Fax: (201) 533-4421

TTY: (201) 533-4409

www.hipcil.org

**Progressive Center for Independent Living, Inc. (PCIL)**

Mercer and Hunterdon Counties

1262 Whitehorse-Hamilton Square Rd  
Suite 102, Building A  
Hamilton, NJ 08690

Phone: (609) 581-4500

Fax: (609) 581-4555

TTY: (609) 581-4550

www.pcil.org

**Tri-County Independent Living Center, Inc. (TCILC)**

Cape May County

211 South Main Street  
Cape May Courthouse, NJ 08210

Phone: (609) 463-4747

Toll Free: (866) 796-7279

Fax: (609) 463-1677

TTY: (609) 463-1834

tcilc@aol.com

Cumberland and Salem Counties

120 North High Street, Suite 12  
Millville, NJ 08332

Phone: (856) 327-5177

Fax: (856) 327-5153

TTY: (856) 327-5328

**DIAL, Inc., Center for Independent Living**

Essex and Passaic Counties

66 Mount Prospect Avenue  
Building C-1  
Clifton, NJ 07013

Phone: (973) 470-8090

Fax: (973) 470-8171

TTY: (973) 470-2521

www.dial-cil.org

**DAWN Center for Independent Living**

Morris, Sussex and Warren Counties

400 South Main Street, Suite 3  
Wharton, NJ 07885

Phone: (973) 361-5666

Toll Free: (888) 383-DAWN(3296)

Fax: (973) 361-7086

TTY: (973) 361-6032

www.dawninc.org

**Alliance for Disabled in Action, Inc. (ADA)**

Middlesex, Somerset and Union Counties

629 Amboy Avenue  
Lower Level Suite  
Edison, NJ 08837

Phone: (732) 738-4388

Fax: (732) 738-4416

TTY: (732) 738-9644

www.adacil.org



